



*A View of the Market Place of Spa
with the Pouhon Spring*



*A View of the Market Place of Spa
with the Pouhon Spring*

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AN
ACCOUNT
OF THE
MINERAL WATERS.³

OF
S P A,

Commonly called the
GERMAN SPAW:

BEING
A COLLECTION of OBSERVATIONS
from the most Eminent Authors
who have wrote on that Subject.

BY
HENRY EYRE, Purveyor for Mineral
Waters to Her MAJESTY.

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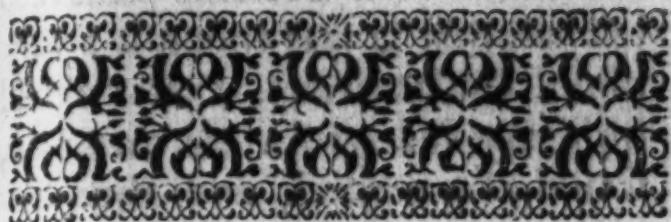
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TO THE
LEARNED PRESIDENT
A N D
F E L L O W S
O F T H E
Royal College of Physicians.

Gentlemen,

 WHEN I had undertaken to deal entirely in the several Sorts of Medicinal Waters used in *England*, I had the Honour of waiting on Dr. *Mead*, and communicating my

A 3 Scheme,

Scheme to him. He was pleas'd to tell me, that it was thought a very useful Undertaking; that he had try'd my Waters for his own Use, found them good, and then recommended them to his Patients. After this, several other eminent Physicians of your College gave me the same Encouragement. I could no longer doubt of Success, when I was assured that my Design was approved by so eminent a Society; and, in particular, by one who is so great an Ornament of it, and so sure a *Patron* of every thing, and every one, who proposes some Advantage to the Publick. The Event has more than answer'd my Expectation; and, it is with great Pleasure that I take this publick Opportunity to return my humble Thanks, to you, *Gentlemen of the Faculty*, for the Encouragement which you have been pleased to give me:

assuring

assuring you, that I shall endeavour, by my future Care and Integrity, to deserve the Continuance of it. I am, with great Respect and Gratitude,

GENTLEMEN,

Your most obedient and

most obliged bumble Servant,

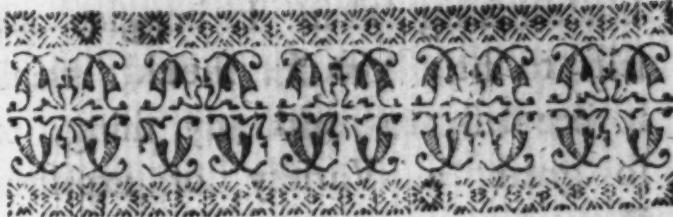
Henry Eyre.



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INTRODUCTION.



HE following Observations, I persuade my self, will not be less acceptable for being only a *Collection*. It would be great Presumption in *me*, to think my self capable of writing any thing of my own, upon a Subject, that requires the Pens of those who have had the Advantage of a learned Education.

Education. And, altho' I were abundantly better qualified for such an Undertaking than I imagine myself to be; yet I should think it needless, to add any thing, to so great a Variety of excellent Remarks, as are to be found in Books, already printed on Mineral Waters in general, and the *Spaw* in particular. I have collected a very great Number of Books of that Kind, and have read over all that have been written in Languages which I am capable of understanding, and have had the Assistance of others, to help me to make use of such, as are written in a Tongue unknown to me: So that, I hope, nothing material has escaped me, that can be serviceable towards informing the Publick concerning the Use of the *Spaw* Waters; the best Manner of importing them, and the Way to judge of their Genuineness. But, as to the most

most beneficial Method of drinking them, I beg Leave to refer the Reader to the Gentlemen of the Faculty, who are the only proper Judges of the various Constitutions of Mankind.



[22]

gimme to hold. I followe thou
of men or evill god I
not to remoue but of rebell
to thy selfe with oute me I
knowe noo to helpe him to agayn
himselfe to

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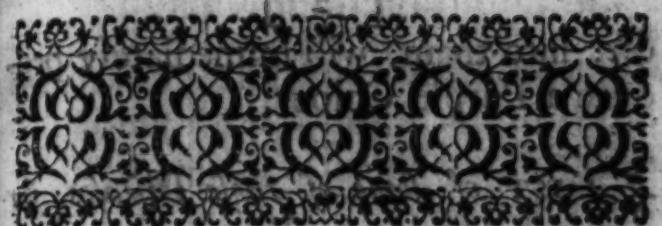
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SOME
ACCOUNT
O F
Chalybeat Waters,

Particularly those of SPA.

A Definition of Chalybeat Waters.



Y *Chalybeat Waters*, generally are understood, such as are supposed to be impregnated with, or to contain some Steel Quality ; and which, from the common Experiment of putting the Powder of Galls, Green Tea, Oak Leaves,

B

&c.

Ec. into them, will immediately produce a Purple Colour.

A LIST of some of those Diseases, for which Chalybeat Waters are generally prescribed, particularly recommended by the experienced and most judicious Physician Dr. Frederick Slare, in his Treatise on the Pyrmont Waters.

“ 1. THEY are a proper Remedy for
 “ most Diseases of the Stomach, as Want of Appetite, or Defect
 “ of Digestion, from Weakness, or Relaxation of the Fibres of the Stomach: also canine and excessive Appetites, sour and bitter Vomiting, Heart-burning, or *Cardialgia*, and many other Stomach Distempers.
 2. “ Diseases of the Bowels; such as painful and griping Colicks, proceeding from corrosive or fretting Salts, contain'd in the bilious, or other glandulous Juices of the Bowels; these are diluted, alter'd, or sweetened by the Chalybeat Virtue of these healing Waters, and the Chyle itself is better prepared, and elaborated, in the Region of the Bowels;

“ Bowels ; and being freed from dis-
 “ temper’d Qualities, is convey’d in-
 “ to the Blood better adapted for San-
 “ guification : and in -hypochondriac
 “ Diseases ; where pent up Vapours,
 “ and flatulent Humours, rack and la-
 “ cerate the tender Fibres and Mem-
 “ branes of the Stomach and Bowels,
 “ these salutiferous Waters are esteem’d
 “ Specifick.

3. “ Their Virtue is not confined
 “ to those Parts call’d the *Prima*
 “ *Viae*, or first *Apparatus* of the Chyle,
 “ but extends farther ; even penetrates
 “ the Mass of Blood, and is of mani-
 “ fest Use to cure the Jaundice, and
 “ even Dropsies, (if not too far gone.)
 “ It dilutes and washes the scorbutick
 “ Salts out of the Blood, and at the
 “ same time washes off the Gravel,
 “ and smaller Stones collected in the
 “ Kidneys, Ureters, and Bladder, and
 “ prevents their Concretions in those
 “ Parts again. By them the latent
 “ Seeds of many Diseases, fixed in the
 “ organick Parts, such as the most
 “ fagacious Physician cannot perceive,
 “ are carry’d off, or obliterated in
 “ their original. Sickly, and squalid

" Countenances, visible Indications of
 " a depraved State of Health, shall,
 " after a convenient Use of these Wa-
 " ters, look Healthful and Sanguine.
 " By these the very Texture of the
 " Blood is amended, drooping Spi-
 " rigs are cheared, exhilarated, and
 " enabled to do the various Offices of
 " Nature more strenuously: And they
 " affect our Spirits with a much more
 " kind and benign Influence, without
 " heating, ruffling, or inflaming them,
 " which Wine, and artificial Spirits
 " are apt to do.

Of the Chalybeat Waters of Spa.

THREE are many *Medicinal Springs*
 in or near the Town of *Spa*; the
 principal of which are the *Poubon*, the
Geronster, the *Savinier*, the *Watroz*, and
 the *Tonnelet*. The Three first are prin-
 cipally used, the Fourth seldom, the
 Fifth scarcely ever. Even the learned
 Authors differ in their philosophical
 Account of these Waters, as *Helmont*,
H. ab Heers, *Geringus*, *Neffel*, Senior
 and Junior, &c. which such as are Cu-
 rious may consult at their Leisure. But
 they

they all agree in assigning to these Waters, in particular, the Virtues that Dr. F. Slare attributes to *Chalybeat Waters* in general. Most of them strongly recommend these Waters as Specifick, for a Deficiency or too abundant Flux of Women; as *H. ab Heers* observes, "That they are extremely well fitted for provoking the *Menses*, as appears by a thousand Instances, and yet are more successful than any other Medicine in stopping too large a Flux thereof." The extraordinary Virtues of these Waters are so well known, especially to those of the Learned Faculty, that it is only necessary to shew whence it arises, that Physicians have been so often disappointed when these Waters have been prescribed, by which there will appear neither want of Skill in the Physician, nor less Virtue in the true *Spaw Water*.

Of the several Springs before-mentioned, the *Poubon*, which is situated within the Town of *Spa*, is the only one, which, according to the receiv'd Opinion, can bear Transportation, or long Keeping; so that, what we have in *England*, is judged to be from

that Spring: And indeed, it ought not to be from any other, since the Physicians prescribe the *Spaw Waters* as such. Yet it appears from the best Calculation that can be made, that not more than one third Part of the Water Imported and Sold under the Name of *Spaw Water*, is filled from even all these Springs: Which will be confirmed by the following Observations.

There are in or near the Country of *Liege*, many other *Chalybeat* Springs, as *Niveziet*, *Chevron* or *Bru*, &c. having very different Effects: From some of which Springs, great Quantities of Water are Imported into *England*, and other Countries. An Agent who was sent to *England*, from one of the Proprietors of these last mention'd Springs, in order to promote the Sale of the Waters here, assured me, that not less than Seventy thousand Flasks were annually sent to *England*, from the Spring, whereof his Master was a Proprietor.

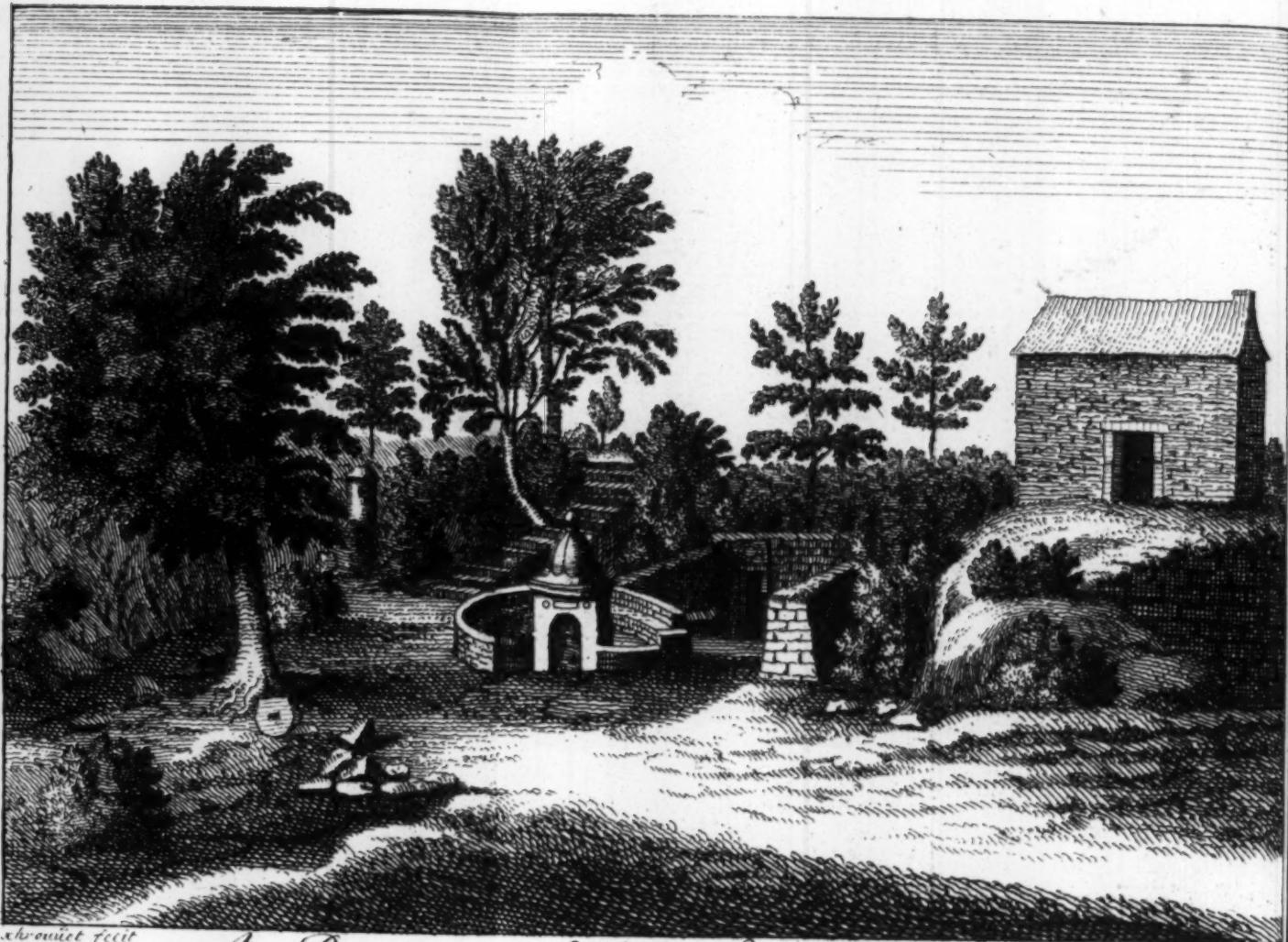
Dr. *Matthew Nessel*, Physician at *Spa*, in a small *French* Treatise on the *Spaw Waters*, publish'd by him in the Year

Year 1713, thus observes, " Besides
" the Hindrance the Wars have been
" to the Waters of *Spa*, we endea-
" vour to ruin their Reputation our
" selves ; there being certain Mer-
" chants, who are no Friends to their
" Country, and who consult nothing
" but their own Interest, and how to
" avoid paying an easy Tax that is laid
" on the *Spaw Waters* (half of which
" Tax is employ'd towards repair-
" ing the Highways and Fountains,
" one Quarter towards supporting the
" Poor, and the Remainder to the
" Church, and other pious Uses, ac-
" cording to the Occasion and Occur-
" rences of the Times) ; who, for the
" sake of an extraordinary Profit, sell
" the Waters of *Chevron* or *Bru*, un-
" der the Name of *Spa* ; which Wa-
" ters, having never been in any Re-
" putation, have had no Tax laid on
" them ; and yet those Merchants
" have exacted from Strangers the
" full Price of the true *Spaw Waters*.
" and for the better concealing the
" Cheat, many have counterfeited
" the Seal, with which the true *Spaw*
" *Waters* are sealed. This false Seal

" imme-

“ immediately, and for some time, de-
“ ceived all the World, and was at-
“ tended with a Multitude of bad
“ Consequences, and the Cause of the
“ Death of many Persons.”

Dr. Thomas Hobart, in a Letter from the *Spa* to Dr. Ch. Morley in *London*, a Copy of which is in the Possession of Dr. Mead, by whose Favour I had the Perusal of it, and which, by good Judges, is allow'd to be a most ingenious and instructive Account, observes, “ That in sending *Spaw Waters* to *England*, as in all other Things, there is room for Deceit. *London* has been imposed on some time by the Merchants of *Liege*, and made to drink the Waters of *Bru*, instead of those of *Spa*. I was assured by many good Hands, that a Merchant of *Liege* had that Year sent Forty thousand Flasks of it into *England*, and that in the Space of five Years he had sent to the Quantity of Two hundred thousand Flasks. *He further observes*, That the Person he mentioned to have filled the Forty thousand Flasks of the *Bru Water*, which “ he



achouquet fecit

A Prospect of the Savinier Spring

near Spa

E. Fourdrinier sculpsit

“ he sent into *England*, would have
 “ filled them with the true *Spa*, pro-
 “ vided the Town would have taken
 “ half Duty. *He adds*, that, Water
 “ being brought from that Country,
 “ (which abounds with Springs of dif-
 “ ferent Qualities) is not sufficient to
 “ give a Physician at *London*, who
 “ prescribes *Spaw Waters*, a certain
 “ Knowledge of what he prescribes.
 “ And that the Magistrates of *Spa*
 “ are very sensible of this abominable
 “ Practice, is evident from the follow-
 “ ing Certificate.”

WE the Burgo-Masters and Magi-
 strates of *Spa*, in the Marquisate
 of *Franchimont*, in the Principality of
Liege, knowing that for many Years
 past there have been exported to *England*,
 and other Countries, the Waters of *Nive-
 ziet*, and *Chevron* or *Bru*, under the Name
 of *Spaw Waters*, to the Injury and Dis-
 credit of the true *Spa* Water, and to
 the Prejudice of Physicians and their Pa-
 tients: Do attest, and certify, that *Mr.*
Henry Eyre, *Purveyor* of Mineral
 Waters to the Queen of *England*, has
 filled this Year, by *Mr. Alexander Hay*
Merchant

[10]

*Merchant of this Place, Nine thousand
Flasks, and upwards, of the True Spaw
Water, from the Pouhon Spring : Of
which Quantity, Five thousand Flasks,
and upwards, were filled in the Pre-
sence of Mr. Patrick Broders, and Mr.
Robert Gill, who were sent on purpose
by Mr. Henry Eyre, to have the Wa-
ters filled in the best Season, and with
all possible Precautions, according to the
Direction of Physicians. In Testimony
whereof, we have ordered our Town
Clerk to sign and seal these Presents. At
Spa, this 20th of October 1732.*

By Order,

GEO. STORHEAUX.

And, that there is a considerable
Difference between the *True Spaw*,
and those that are imposed on the
Publick as such, will sufficiently ap-
pear by the following Declaration.

A Decla-

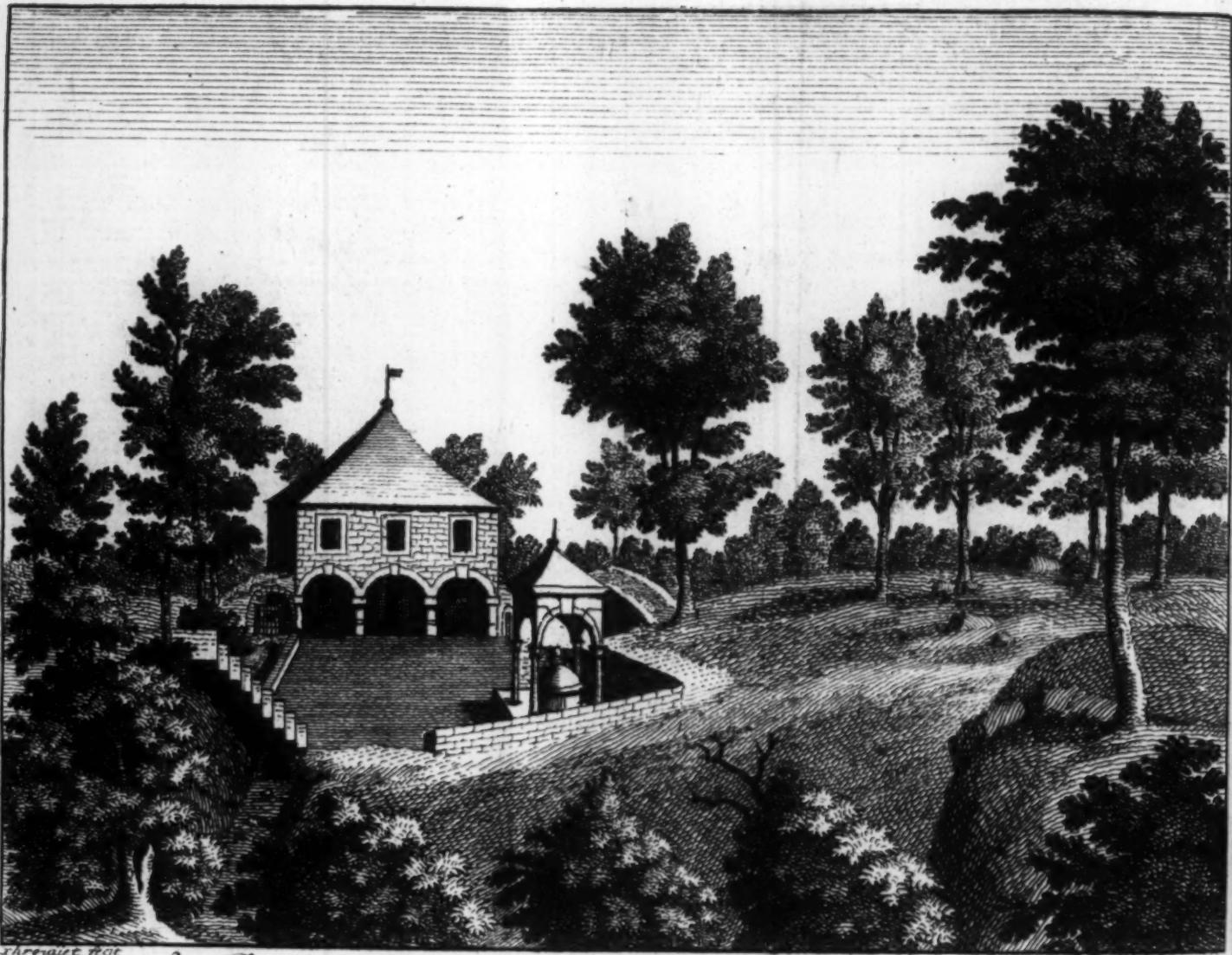
A Declaration of the College of Physicians at Liege, dated the 7th of September 1711.

“ **W**E, the Physicians of the said
 “ College, do declare, That
 “ the *Chevron Waters* receive a deeper
 “ Tincture from Galls, than those of
 “ *Poubon* at the *Spa*, by reason of a
 “ sharp vitriolous, and fix'd Salt,
 “ wherewith they are more impreg-
 “ nated, than those of the *Spaw* ;
 “ which have a Steel Vitriol, much
 “ better temper'd with sulphureous
 “ Parts, which allay their Activity,
 “ and for which we esteem them incom-
 “ parably the more: having found, and
 “ daily do find, that the most vitriol-
 “ lick Waters, wherein the Acid is
 “ evidently predominant, cannot safe-
 “ ly be used, by Persons who are dis-
 “ temper'd in their Stomachs, and have
 “ Catarrhs, and other Accidents, where
 “ a gnawing Acid may be hurtful.
 “ And this is the Reason why we have
 “ forbid the Use of the Springs call'd
 “ the *Gold*, and *White Cross* Springs at
 “ the *Spaw*, as also of that call'd *Ton-*
 “ *nelet*,

“ *nelet*, about a Mile and an half off;
 “ their Waters being exceeding vitriolic and pungent, and more so than
 “ any other we have yet met with,
 “ and to which Galls will give a very
 “ deep Tincture, as we have proved
 “ by Experiment; by which also, we
 “ find them to be like those of *Chevron*: All Persons who have used
 “ them for two or three Days, having
 “ been obliged to give them over.

“ The *Geronster Waters* having a
 “ Steel volatile Vitriol, and abounding
 “ with the Sulphurs of that Mineral, are used with good Success,
 “ and produce surprizing Effects in
 “ the most violent Catarrhs, and a
 “ great many Distempers in the Stomach; which cannot be said of the
 “ most vitriolic Waters, which rather augment them.

“ The *Savinier Waters*, which are
 “ impregnated with the same Principles, and with Vitriol well temper'd, prove very successful in quieting the great Effervesences of the Blood, in correcting the saline Distraffy, and carrying off Sand and Gravel by way of Urine; the contrary



sheronae fecit

*A Prospect of the Geronster Spring
near Spa*

P. E. Bourdonne sculp.

“ trary Effects are wrought by those
“ Waters which are more vitriolic,
“ which increase the Fermentation of
“ the Fluids.

“ And therefore, seeing they are
“ endued with more attemper'd Qua-
“ lities, are taken with very good
“ Success, and that we have seen from
“ those of *Geronster* and *Poubon*, very
“ good and surprizing Effects in very
“ different Distempers ; besides the
“ Observations and faithful Accounts
“ transmitted down to us from our
“ Predecessors for many Ages, we do
“ conclude, that the *Spaw Waters* are
“ every Way preferable to those of
“ *Chevron*.

“ Lastly, As we have been given
“ to understand, that the *Geronster*
“ and *Savinier Waters*, are not fit
“ to be transported, as being of a
“ Nature that will not keep : We
“ have thought our selves obliged
“ to declare, as we do by these
“ Presents, That if they are well
“ condition'd, that is, drawn at a
“ proper Time, and well stop'd,
“ they will keep extremely well for

C “ several

“ Several Years. In Testimony where-
 “ of, we have ordered our Sworn
 “ Secretary to Register this our De-
 “ claration, and to deliver one or
 “ more Copies of it to the Burgo-
 “ Masters of *Spa*, and all others
 “ who shall demand it.

A. ANRADE, *Secretary to the
College of Physicians.*

The false Notion (which has been most industriously propagated) that the *Spaw Waters* do sparkle much, when poured into a Glass, from a Flask, in which it has been kept, has much favoured the general Abuse of imposing false Waters on the Publick, whereas the true *Spaw Water* has only a very piquant Tast, and in warm Weather will often occasion innumerable Bubbles to settle on the Sides of the Glass, but will not sparkle, when bottled, like the more vitriolick Waters, which are not so well tempered with sulphureous Particles: and are therefore not so smooth on the Palate, but generally leave

leave a disagreeable Harshness, far from being like the agreeable Piquantness (yet Smoothness) of the true *Spaw Water*.

It is not only necessary to avoid these false Waters, but to have particular Regard to the Seasons of filling the *True Spaw Waters*; for to procure these Waters in the utmost Perfection, requires great Exactness, not only in Filling, but Corking, &c. Dr. Hobart, in the before-mentioned Letter, says, "The great Influence of the Air on these Waters, is not only seen by their being differently affected by Galls, according to the different Seasons, but even from their different Tastes and Colour in the said several Seasons. In settled fair Weather, they have a very piquant Briskness of Taste, nothing can look clearer and finer, and bubble more; but in a Season of rainy Weather, or heavy and cloudy, altho' without Rain, they become flat and insipid; the *Pouhon* especially, is so far from retaining its agreeable Tartness, that

“ it becomes even Sweetish, and the
“ Fountain looks troubled and whi-
“ tish. The Goodness of the Water
“ depends also very much upon the
“ Winds, *i. e.* the Alteration of the
“ Air that is caused by them. When
“ the Winds have been Northerly or
“ Easterly, altho' the Weather was
“ rainy, I have known the Waters
“ both look, and taste extremely
“ well: and the contrary, during a
“ thick heavy Air, altho' without
“ Rain. Nothing can feel the Wea-
“ ther more nicely than these Wa-
“ ters; they are affected, not only in
“ the time of a bad Season, but at
“ the Approach of it, before one can
“ perceive it by any other Sign: so
“ that, when the Taste and Look of
“ the Water changes, one may easily
“ foretel a Change of Weather, espe-
“ cially if it be settling into a constant
“ Season. In a Frost, the Water is
“ stronger than even in Summer:
“ has a Keeness that is perceivable
“ by the Smell, as one stands by the
“ Fountain, and it visibly smoaks:
“ especially the *Tonnelet*.

“ There

" There is some Difference in the
 " Water in Summer before Sun-rise,
 " and after. By what has been said,
 " one may see what a Nicety there
 " ought to be in choosing the Times
 " for filling the Bottles that are to be
 " sent Abroad. There is not always
 " the Exactness that is requisite ; and
 " in that Point, I have seen great
 " Numbers fill'd in very improper
 " Weather ; but even when a right
 " Season has been taken, yet usually
 " the Bottles are not fill'd to all the
 " Advantage that might be. *He*
 " adds, The *Poubon* has given a Tin-
 " cture with Galls, at the End of two
 " Days, when kept in my Chamber
 " cover'd in a Flaggon, and when it
 " was fair Weather, in Summer-time ;
 " in settled bad Weather, it will not
 " turn when kept above a Day. In
 " fair cold Weather it has turn'd,
 " when it has stood uncover'd some-
 " thing more than two Days. *And*
 " again he observes, That the Waters
 " hold their Tincture for a longer
 " or shorter Time, according to the
 " present Weather. As they will take
 " the Tincture after a longer Time

“ in a Season of fair Summer Weather, and still longer in frosty Weather, so they will hold a longer time in those Seasons.

Dr. Lodwick Rowzee, in his Treatise on the Nature and Virtues of Tunbridge Water, printed at London 1659, occasionally observes, “ That the People at or near the German Spa, drank the Spaw Water as their ordinary Drink, and that he had observ'd many aged People that never drank any thing else, and that it was very rare for them to be troubled with Head-ach, Heart-burning, Stone, Obstructions of the Kidneys, Liver, or Spleen, Falling-Sickness, and the like; and as for the Jaundice, Dropsy, and Scabs, they do not know what they are. He particularly tells of a Fryar, an honest, temperate Man, whom he knew at the Spa, that having been there three whole Years together continually for the Stone (of which he shewed him a Box almost full, of several Forms and Bigness) he drank the Waters the whole Time, both Summer and Winter, when the

“ the Weather was seasonable ; and
 “ often found the Water better,
 “ stronger, and of a more speedy
 “ Passage in frosty Weather, than in
 “ the Middle of Summer : without
 “ ever perceiving any Inconvenience
 “ by the Water, either in one Season
 “ or the other, for he always drank
 “ it cold.

Dr. Witty, in his Treatise of the Scarborough Waters, printed 1660, observes, That those Waters are likewise stronger, and more impregnated with Minerals, during a continued Frost, than at any other Season ; for which he gives some Philosophical Reasons, confirm'd by his own Experience. “ And hence
 “ it was (says he) that the Duke of
 “ Mantua gave it in Charge to Ryetius
 “ and H. ab Heers, two famous German
 “ Physicians, that lived near the Spa,
 “ to send him every Christmas-Eve,
 “ Two hundred Flaggons of Spa
 “ Water, taken out fresh, after a long
 “ Frost ; which they constantly did
 “ observe, finding the Water at that
 “ Time stronger than at any time in
 “ the hottest Summer.”

Notwith-

Notwithstanding these Authorities, I can't learn, that it is usual to fill these Waters at any other Seasons of the Year, than about *March, April, September, and October*; altho' their not being fill'd usually in frosty Weather, may be accounted for, by the Difficulty and Inconvenience that must attend it. And as the Trade lay scattered in many Hands, no one Dealer, since Mr. *Colchester's* Time, has been considerable enough, to induce him to use the necessary Care, and be at the Expence of improving this Branch of Trade. 'Twas this Consideration that first induced me to think of entirely employing my self in the Sale of *Mineral Waters*; and indeed, I have met with more Encouragement, than could have been reasonably expected, which has put me upon using my utmost Endeavours to have all Sorts of Mineral Waters in the utmost Perfection. This Season I try'd a Method of importing the *Spaw Waters* with Oil on them, as *Florence Wine*, which preserv'd the Water in a most extraordinary Manner. The Water that was oil'd, retain'd

tain'd its original Piquantness, afforded a higher Tincture with Galls, and was perfectly clear to the last Drop, which last seldom happens in the common Method, tho' fill'd with the utmost Care. From what has been observ'd, I am inclin'd to believe, that were the *Spaw Waters* fill'd in a continued Frost, and well oil'd, they might be imported in much greater Perfection than they have ever yet been. I shall submit my Opinion to better Judges, and act as the Gentlemen of the Faculty shall do me the Honour to direct; or if any private Gentleman shall desire any Quantity to be done after any particular Manner, I shall give Directions to have his Orders comply'd with. It will be a necessary Caution to observe, that it is the Nature of Waters that contain a Salt, to make Oil corrupt; therefore it must be taken off exceeding clean, or it will give a stinking Taste to the Water. As proper Care will now be taken to import these Waters with all possible Precautions, it may be presumed, that they will soon acquire the Reputation.

tation which they have lost: occasioned not only by the false Waters, but by great Part of the true Waters having been filled, by Persons interested in the false Waters, which has occasioned their being filled in bad Seasons, and even in rainy Weather, in order to raise the Reputation of the false Waters, at the Expence of the true. These and other Tricks have been in Practice many Years, and would have continued, had not I met with such extraordinary Encouragement from the Physicians, who are all desirous of having the true *Pouhon* Water, which they know has been very difficult to be got. This induced me to be at the extraordinary Expence of sending two Persons to *Spa*, and keeping them there at my own Charge three Months, to settle my Correspondence in such Manner, that I may not only procure the true Water, and filled in the best Seasons (on which so much depends) but with all possible Cautions, such as providing the best of Corks, having the Tops of the Flasks shaped like Bottles, so that they may be wired down, instead.

instead of the usual loose Manner of tying them down with Pack-thread, which the very Air will slacken ; and above all to have the Flasks made so strong as to bear Corking the Moment they are filled. If I don't reap the Benefit of this extraordinary Care, I hope the Publick will ; by my discouraging the Sale of the false Waters : (an Imposition the most dangerous, as it affects the greatest Blessing of Life, *viz.* Health) for if I do not set a sufficient Mark on them now, I will very soon ; and on the Dealers in them likewise, if they continue to sell these false Waters under the Name of the *Spaw Waters* : but I hope to be prevented by this Hint.

The Seal of the true *Spaw Water* is according to the annexed Impression. The false *Spaw* is generally sealed with only a Dab of black Wax, without any Impression. I know a certain Dealer in these Waters (and perhaps there may be many) so very audacious as to sell them even without any Seal, particularly Half Flasks. The most favourable



able Judgment that can be made on such Proceeding, is, that they were filled here from whole Flasks; (which must greatly injure the Water) and for this Practice there is too much Encouragement, since Half Flasks pay as much Duty as Whole ones, and in most Articles of Expence are equal. Besides the different Shape of the Mouths of my Flasks, to prevent any Impostion on myself or Customers by Changing them, I have ordered all

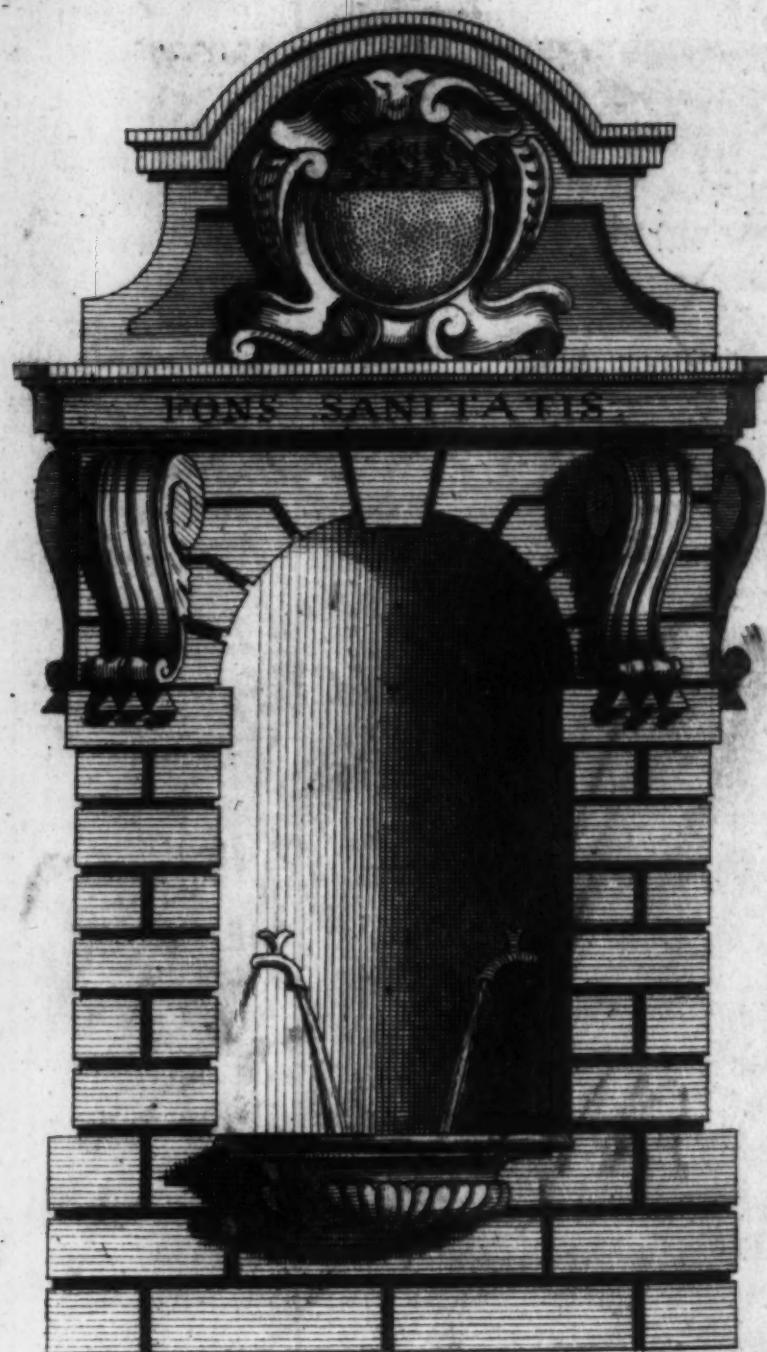


my *Spaw Water* to be sealed at *Spa* with my Seal (like the annexed) opposite to the Magistrates Seal. If these Marks do not appear, 'tis certain the Water was not bought at either of my Warehouses.



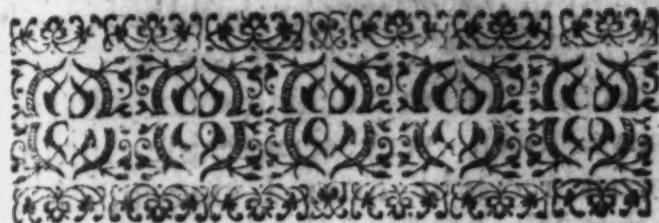
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OP. 24.



P. Fourdrinier Sculp.

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SOME
OBSERVATIONS
ON THE
Holt Waters.

 THESE Waters are of an attenuating, astringent, and drying Nature, a most excellent Alterative, and a Specifick (if there be any such Thing) in all ulcerous Cases, inward and outward, old Gleets, and most Degrees of the Scurvy; they have been likewise used with wonderful Success in Leprosies; incipient, and even bleeding Cancers; Piles, inward and outward;

D Break-

Breakings out in the Face; Itchings in the Skin; Giddiness in the Head; and in Lethargick Cases. They are very effectual in strengthening relax'd Parts, have been very serviceable in Injuries receiv'd from Lying-in, and other Weaknesses incident to Women; and they never fail to give an Appetite.

The Medicinal Virtue of these Waters having been but few Years known, little has yet been wrote of them; neither have any Waters suffered so much from Pique and Prejudice: which has occasioned many false Reports concerning them, as the *Well* being injur'd; no good Accommodations at the Wells; nor a sufficient Supply of Water; all which Particulars are entirely false, and groundless, except the last Article, which has never happened but for a few Days, in a very dry Season, when the Place was full of Company: tho' even at such Times there has not been any Deficiency of Water, that has been required to be drank medicinally, tho' perhaps not sufficient to answer the extravagant Wasting of Servants. I have

have so great a Regard for the learned Faculty of Physicians in general, that I am unwilling to observe, how far these Reports are owing to the Disingenuity of some, residing at other Mineral Wells near *Holt*.

Dr. *Winter*, in his *Treatise on the Bath Waters*, published 1718, " apprehends these Waters to be of the same Kind as the *Cutiliae*, which *Vitruvius*, *Pliny*, and *Cælius Aurelianus* mention, which the two first call nitrous; and the latter aluminoous. He observes, that by the Cures by them performed, they were then advanced to a great Degree of Reputation.

Sir *John Floyer*, in his *History of Cold Bathing*, observes, " That the *Cutiliae* were very famous among the *Roman Physicians*. They were cold nitrous Waters, and were used both in Drinking and Bathing, for the *Gout*, *Stone*, Inflammations in the Eyes, the King's *Evil*, all *Hot Defluxions*, and to Strengthen the Stomach.

Dr. P. Shaw, in his *Appendix* to the Translation of Dr. F. Hoffman on *Mineral Waters*, after having made various Experiments on these Waters, draws the following Conclusion :

“ The *Holt Waters* therefore seem, a
 “ *priori*, not considerable Purgatives,
 “ but well fitted for a Diuretick, an
 “ Alterative, a Sweetener, and a
 “ Drier; and are consequently proper
 “ in ill *Habits of Body, foul Juices,*
 “ *old Ulcers, running Sores, &c.*

In the Year 1731, these Waters being then under my Management, I was induced to publish some Account of them, with a Collection of 112 very extraordinary Cures performed by them, and several Affidavits which disproved the before-mentioned Report of the Well being altered, or other Springs let into it, as some ill-designing Persons had most industriously suggested. The Impression being sold off, and having no further Interest in those Waters, I forbear publishing a Second Edition, but leave it to others that may be more concerned; altho' I have been assured,
 several

several very eminent Cures have been performed by those Waters, during the two last Seasons.

The proper Time for Drinking these Waters at *Holt*, is from the Beginning of *April* to the End of *October*, during which Season the Place is most frequented by Company ; but from the Place, they may be drank with equal Success at any Time of the Year. They are peculiarly adapted for long keeping, and are supposed to be impregnated with *Allom*, *Ochre*, and fix'd *Sulphur*. When they prove too cold for the Stomach, they may be drank a little warm'd, without any Diminution of their Virtue.

In the *Scurvy*, *King's Evil*, *Leprosy*, *Cancers*, and other *Ulcers*, the Water is not only to be taken inwardly, but the *Tumour* or *Ulcer* must be often bathed or washed with it, and wet Cloths applied to the diseased Part, and frequently renewed.

The General Method of Drinking them is from two to three Pints a Day, by small Draughts, at proportionable Distances, from Morning to Night : varying the Quantity as shall

be judged agreeable to the Constitution. An additional Quantity is often taken at Meals, instead of small Beer, with good Success. As they are great Alteratives, they are not to be taken like Purging Waters, which are generally drank quicker, and in larger Draughts, that the prescribed Quantity may operate, and pass off with more Speed.

These Waters are sealed with the annexed Impression: such as are not thus sealed ought to be as much avoided as the false *Spaw*, there being likewise false Springs.



Mineral

Mineral Waters,

Sold by *Henry Eyre*, Purveyor for
Mineral Waters to her Majesty, at
 the following Places, for Ready
 Money only,

A T his Water-Warehouse between
 the *Temple Gates* in *Fleet-street*.
 And,

At his Water-Warehouse in *Corbet
 Court*, against the *Half-Moon Ta-
 vern* in *Grace-church-street*. And,

At his Water-Warehouse at *Mr.
 Broders*, at the *Golden Tea Canister*, in
Duke-street, St. James's.

N. B. At all the above Places the
 Waters may be depended on to be
 equally fresh and genuine, and de-
 livered to any Part of the Town at
 the following Prices.

Holt, Bath, and Bristol Waters are
 brought fresh every *Monday* by Wag-
 gons kept for that Purpose.

The

The *Holt* and *Scarborough* Waters are not sold, by Appointment of the Proprietors, at any other Place in *London*.

<i>German</i>	in 3 Pint Flasks, at	14 s.	per Dozen.
<i>Spa</i>	in 1 Pint and $\frac{1}{2}$ Flasks, at	10 s.	
<i>Pyrmont</i> , at	—	14 s.	
<i>Holt</i> , at	—	10 s.	
<i>Bristol</i> , at	—	6 s.	
<i>Scarborough</i> , <i>Bath</i> ,	at	7 s. 6 d.	
Ditto, at 4 s.	per Half Dozen.		

The usual Size of the Half Flasks being judged too small, these are made much larger: and as most of the Charges on them are equal to the Charges on the large Flasks, *viz.* the Water, Filling, Corking, Sealing, &c. they cannot be afforded under 10 s. per Dozen.

Allowance on the several Waters will be made to Apothecaries, and Commanders, &c. for Exportation.

The following Waters are Sold for me
by Mr. , at Peter's Pump
in Bristol, for the better Conveniency
of the West of England, Wales,
&c.

Holt at 7 s. per Dozen. Spaw and
Pyrmont at the same Prices as above.

N. B. All the Pyrmont
Water Sold at my
Warehouses will be
Sealed on the Top of
the Cap of Leather, with the an-
nexed Impression.



Holt, Nov. 19. 1732.

Whereas it has been lately adver-
tised, that the Holt Waters
are sold at several Places in London;
this is to inform the Publick, that the
said Waters are sold, true and genuine,
only by Mr. Henry Eyre at his Water
Warehouses, and not at any other Place
in London.

Grace Harding,
Keeper of the Old Well at Holt.

Scarborough

Scarborough 19th Nov. 1732.

W^Hereas several eminent Physici-
ans have desired that the Medi-
cinal Waters of this Place should be
sold in London, this is to certify the
Publick, that we, the Bailiffs and Bur-
gesses of Scarborough, have received
such full and satisfactory Credentials in
favour of Mr. Henry Eyre her Maj-
esty's Purveyor for Mineral Waters, that,
in regard to these Credentials, we think
the said Henry Eyre a proper Person to
be intrusted with the Sale of the said
Waters; and do therefore, by our Pub-
lick Act of Common Council, authorize
and appoint the said Henry Eyre to
sell the said Waters.



And we do further cer-
tify, that we shall set
such a Seal upon the
Cork of every Bottle
which the said Henry
Eyre bath, as will
answer the Impression bereunto an-
nexed.

Tho. Cockeril }
John Tindal } Bailiffs.

Rob. Robinson Recorder.

Whereas

WHereas there has been, for a considerable time past, an Advertisement publish'd in the Daily Journal, sign'd by us, tending to discourage all Persons from buying Bristol Waters of Mr. Henry Eyre of Fleet-street, London: this is therefore to inform the Publick, that, notwithstanding any former Difference betwixt us and the said Mr. Eyre, we have agreed to supply him with our true and genuine Bristol Water; and, as a further Confirmation that what he shall sell is such, printed Receipts will be, from time to time, sent him, sign'd by our Hands, which may be produc'd to such as are scrupulous.

John Battersby *Masters of the*
W^m. Bishop *Bristol Hot-Well.*

Gentlemen have been often impos'd on by their Servants, Porters, and Watermen, buying *Bristol Water* (and the several other Mineral Waters) at other Places, for their own Advantage or Conveniency, when they have been ordered to come to one of the above Warehouses: Therefore,
to

to prevent the like Abuse in future, all such *Bristol* Water as shall be sold by or for Mr. *Eyre*, will be in large flat Bottles; and, to shew that such a Caution is absolutely necessary as well for the Health of the Buyer as for the Reputation of the Seller, be pleased to observe the following Part of an Advertisement publish'd some time since in the *Whitehall Evening Post*.

W *Hereas the Publick has of late been much impos'd on by the false and spurious Waters, instead of the Bristol true Hot-well Water, yet pretended to be the same; and, in order to prevent, in some measure, the like Abuse for the future, We John Battersbe and William Bishop, Masters of the Bristol Hot-well, do hereby give Notice, that all Bottles of Water sealed otherwise than according to the Impression here affix'd, were never filled at our Spring.*

